

Newsletter

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The beginning of January was a joyful opportunity to meet again and start this year 2026 together. We would like to send you our very best wishes once more. Winter has slowly settled in: warm coats were out, and, far too often, rain boots as well! Despite the colder weather and gardening activities being put on hold, the children quickly found their rhythm again within the classroom environment, their enthusiasm for work and the pleasure of being together.



Exploring art together

Visit to the Chagall Museum

In mid-January, the whole school had the chance to visit the Marc Chagall Museum in Nice. The children discovered the artist's colourful world and took part in a workshop about stained glass, playing with light and shades.

This work continued in class with the creation of their own colour compositions, exploring transparency and subtle nuances.

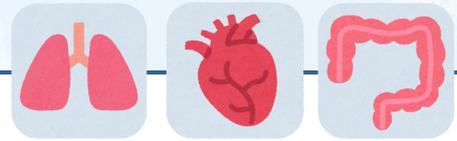


Music moments

We then explored the world of Frédéric Chopin: listening to his compositions, identifying instruments and rhythms, and discussing the emotions the piano can awaken. These moments helped develop listening skills, sensitivity and the pleasure of sharing music together.



Discovering our body



My body, this extraordinary companion

This period was dedicated to the human body: the children learned to name its different parts and to identify them on a silhouette. Through movement and breathing games, they were able to feel what happens inside and understand the role of essential organs such as the heart, lungs and brain. They also discovered the skeleton and the bones that compose it, as well as the role of joints, particularly through making their own articulated puppet, which helped them understand how the body bends and moves. These activities encouraged curiosity, self-awareness and confidence in their physical abilities. We also discussed taking care of oneself, with workshops on hygiene, respect for one's body and the essential notion of consent.



A special guest in the classroom

We were delighted to welcome a mother from the class, a doctor by profession, who came to share her daily work and present her tools: stethoscope, otoscope and oximeter. This meeting allowed the children to discover this sometimes impressive equipment and to understand its usefulness in a reassuring and playful atmosphere.



A shared moment

We were very happy to welcome you for a shared snack. On the menu: tasting delicious carrot cakes baked by our young chefs, a lovely way to highlight a seasonal vegetable! It was a joyful time to meet and see the children proudly share their creations.



We wish you all wonderful winter holidays filled with precious family moments. We look forward to seeing the children again next term, hopefully with a little touch of spring sunshine!